

NYC Itinerary: 3 Days (Chill Pace) — Neighborhood Edition

3 days • Chill pace • TravelMakesMeHappy.com

How to use this PDF: A relaxed, realistic plan that includes Central Park, the High Line, free Statue of Liberty views, and evenings.

Day 1 — Midtown + Central Park (Chill)

Time	Neighborhood / Stop	Notes (fast + useful)
9:00	Grand Central Terminal	Iconic ceiling + coffee start.
9:45	NY Public Library & Bryant Park	Quick indoor wow + breather.
11:00	Fifth Avenue stroll	Window shop northbound.
11:30	St. Patrick's Cathedral	10–15 min inside.
12:15	Lunch (Midtown)	Keep it simple.
1:30	Central Park (south end)	Bethesda Terrace or The Mall.
3:30	Rest / hotel reset	Short recharge.
5:30	Dinner (Midtown / UWS)	Easy neighborhood pick.
7:00	Times Square (night)	Bright lights, short visit.
8:00	Wrap	Head back relaxed.

Day 2 — Chelsea + West Side (Chill)

Time	Neighborhood / Stop	Notes (fast + useful)
9:30	Chelsea Market	Food hall + browsing.
11:00	High Line walk	Chelsea → Hudson Yards.
12:30	Hudson Yards / The Vessel area	Photos + relax.
1:30	Lunch (West Side)	Near Hudson Yards.
3:00	Optional rest / café	Low-key afternoon.
5:30	Dinner (West Side)	Hudson River views.
7:00	Optional sunset stroll	Riverfront paths.
8:00	Wrap	Easy night.

Day 3 — Downtown + Brooklyn (Chill)

Time	Neighborhood / Stop	Notes (fast + useful)
------	---------------------	-----------------------

9:30	Staten Island Ferry	Free Statue of Liberty views.
11:00	Wall Street + Charging Bull	Quick photos.
12:15	Lunch (FiDi / Seaport)	Close by.
1:30	Brooklyn Bridge walk	Manhattan → Brooklyn.
3:15	DUMBO & Brooklyn Bridge Park	Waterfront views.
5:45	Dinner (Brooklyn Heights/DUMBO)	Skyline finale.
7:30	Optional sunset photos	Bridge + skyline.
8:00	Wrap	Return when ready.

Quick Tips (Make NYC Easier)

- Each day is grouped by neighborhood to reduce transit time.
- Plan a short hotel break before dinner—NYC days are long.
- The Staten Island Ferry is free and runs 24/7.
- For the Brooklyn Bridge, start in Manhattan and walk back from Brooklyn for views.
- The High Line works best late afternoon into early evening.

What to Pack (Short & Sweet)

- Comfortable walking shoes (non-negotiable).
- Portable phone charger.
- Layers (subway heat + outdoor wind).
- Reusable water bottle.

Optional Notes

Full guide + landmark descriptions:

<https://travelmakesmehappy.com/top-15-iconic-nyc-landmarks-you-wont-want-to-miss/>

Updated January 09, 2026